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興趣領域

生物材料與納米技術、食品安全綠色控制技術、天然植物提取物的功能活性等領域。

教育經歷

2008.09-2013.06 吉林大學 農業生物環境與能源工程專業 工學博士（碩博連讀）

2001.09-2005.07 吉林大學 食品科學與工程專業 工學學士

工作經歷

2020.09 至今 澳門科技大學 醫學院 助理教授

2018.08-2019.08 佛羅里達大學 食品與農業科學研究所 國家公派訪問學者

2016.09-2020.08 吉林大學 南方研究院 研究生導師（兼）

2015.09-2020.08 吉林大學珠海學院 藥學與食品科學學院 副教授、教授

2013.07-2015.09 上海交通大學 化學化工學院 博士後

研究項目

1. 澳門科技發展基金（FDCT）面上項目：多糖基溫濕雙響應智能控釋食品保鮮複合塗膜的開發與應用研究，2022-2025，澳門幣 166.3 萬元，PI
2. 澳門科技發展基金（FDCT）科技創新提升計劃項目：基於低濃度二氧化氯的新型氣調保鮮包裝的應用研究，2022-2023，澳門幣 31.7 萬元，PI
3. 澳門科技大學研究基金（FRG）一般項目：氣態二氧化氯控釋熏蒸對草莓采後食品安全與品質指標的控制作用研究，2021-2022，澳門幣 10 萬元，PI
4. 澳門科技發展基金（FDCT）面上項目：基於納米封裝技術的植物基肉關鍵風味物質與營養素的穩定負載與熱致控釋，2022-2024，澳門幣 60.5 萬元，co-I

5. 珠海市產學研合作項目：納米晶在改良型抗癌藥物中的研發及運用，2022-2025，人民幣 100 萬元，co-I

社會兼職

廣東省本科高校食品科學類專業教學指導委員會	委員
珠海市第五屆食品安全專家委員會	委員

發表論文

1. Jiang T., Dong Y., Zhu W., Wu T., Chen L., Cao Y., Yu X., Peng Y., Wang L., Xiao Y., and Zhong T.*, Underlying mechanisms and molecular targets of genistein in the management of type 2 diabetes mellitus and related complications. *Critical Reviews in Food Science and Nutrition*, 2023: p. 1-13.
2. Wu T., Zhu W., Chen L., Jiang T., Dong Y., Wang L., Tong X., Zhou H., Yu X., Peng Y., Wang L., Xiao Y., and Zhong T.*, A review of natural plant extracts in beverages: Extraction process, nutritional function, and safety evaluation. *Food Research International*, 2023. 172: p. 113185.
3. Zhang Y., Qiu J., Yang K., Lu Y., Xu Z., Yang H., Xu Y., Wang L., Lin Y., Tong X., He J., Xiao Y., Sun X., Huang R., Yu X.*, and Zhong T.*, Generation, mechanisms, kinetics, and effects of gaseous chlorine dioxide in food preservation. *Comprehensive Reviews in Food Science and Food Safety*. 2023. 22(4): p. 3105-3129.
4. Wang A., Feng X., He G., Xiao Y., Zhong T.*, and Yu X.*, Recent advances in digital microfluidic chips for food safety analysis: Preparation, mechanism and application. *Trends in Food Science & Technology*, 2023. 134: p. 136-148.
5. Liu Y., Weng L., Lin Y., Lin D., Xie L., and Zhong T.*, Carvacrol/β-cyclodextrin inclusion complex as a fumigant to control decay caused by *Penicillium digitatum* on *Shatangju* mandarin slices. *Heliyon*, 2023. 9(8): p. e18804.
6. Liu Y., Wei C., Wan H., Sarengaowa, Liang X., Jiang T., Dong Y., Zhao X.*, and Zhong T.*, Preliminary Study on Rapid and Simultaneous Detection of Viable *Escherichia coli* O157:H7, *Staphylococcus aureus*, and *Salmonella* by PMA-mPCR in Food. *Molecules*, 2023. 28(15): p. 5835.
7. Zhao X., Feng X., Chen J., Zhang L., Zhai L., Lv S., Ye Y., Chen Y., Zhong T., Yu X.*, and Xiao Y.*, Rapid and Sensitive Detection of Polycyclic Aromatic Hydrocarbons in Tea Leaves Using Magnetic Approach. *Foods*, 2023. 12(11): p. 2270.
8. Li J., He Y., Fu J., Wang Y., Fan X., Zhong T.*, and Zhou H.*, Dietary supplementation of *Acanthopanax senticosus* extract alleviates motor deficits in MPTP-induced Parkinson's disease mice and its underlying mechanism. *Frontiers in Nutrition*, 2023. 10.
9. Sun X.*, Wall M., Follett P., Liang P., Xu S., and Zhong T., Effect of Pectin Coatings

Containing Trans-cinnamaldehyde on the Postharvest Quality of Rambutan. *HortScience*, 2023. 58(1): p. 11-15.

10. Lu Y., Li Z., Chen Q., Fan Y., Wang J., Ye Y., Chen Y., Zhong T., Wang L., Xiao Y., Zhang D., and Yu X.*, Association of working hours and cumulative fatigue among Chinese primary health care professionals. *Frontiers in Public Health*, 2023. 11: p. 1193942.
11. Jiang D., Yu X., Zhong T., Xiao Y.*, and Wang L., The Situation and Influencing Factors of Depression and Anxiety in Patients of Hemodialysis during the COVID-19 Pandemic in China. *Healthcare*, 2023. 11(7): p. 941.
12. Yu X., Zhong T.*, Zhang Y., Zhao X., Xiao Y.*, Wang L., Liu X., and Zhang X., Design, Preparation, and Application of Magnetic Nanoparticles for Food Safety Analysis: A Review of Recent Advances. *Journal of Agricultural and Food Chemistry*, 2022. 70(1): p. 46-62.
13. Tao A., Zhang H., Duan J., Xiao Y., Liu Y., Li J., Huang J., Zhong T.*, and Yu X.*, Mechanism and application of fermentation to remove beany flavor from plant-based meat analogs: A mini review. *Frontiers in Microbiology*, 2022. 13.
14. Peng Y., Gu T., Zhong T.*, Xiao Y., and Sun Q.*, Endoplasmic reticulum stress in metabolic disorders: opposite roles of phytochemicals and food contaminants. *Current Opinion in Food Science*, 2022. 48: p. 100913.
15. Lin Y., Huang R., Sun X., Yu X., Xiao Y., Wang L., Hu W., and Zhong T.*, The p-Anisaldehyde/β-cyclodextrin inclusion complexes as a sustained release agent: Characterization, storage stability, antibacterial and antioxidant activity. *Food Control*, 2022. 132: p. 108561.
16. Xia T., Fang B., Kang C., Zhao Y., Qiang X., Zhang X., Wang Y., Zhong T., Xiao J.*, and Wang M.*, Hepatoprotective Mechanism of Ginsenoside Rg1 against Alcoholic Liver Damage Based on Gut Microbiota and Network Pharmacology. *Oxidative Medicine and Cellular Longevity*, 2022. 2022: p. 5025237.
17. Tao X., Shao Y., Xu D., Huang Y., Yu X., Zhong T., Wang L., Chung S.K., Chen D., Yu L.*, and Xiao Y.*, Dietary Patterns and Nutrient Intake in University Students of Macao: A Cross-Sectional Study. *Nutrients*, 2022. 14(17): p. 3642.
18. Li X., Su L., Zhang X., Chen Q., Wang Y., Shen Z., Zhong T., Wang L., Xiao Y., Feng X., and Yu X.*, Recent Advances on the Function and Purification of Milk Exosomes: A Review. *Frontiers in Nutrition*, 2022. 9.
19. Tao X., Chen D., Fan Y., Zhang L., Shan H., Wei Y., Yu X., Zhong T., Wang L.*, Chung S.K., Yu Y., and Xiao Y.*, A cross-sectional study for the mental health status and sleep quality among college students in Macao during the COVID-19 pandemic. *PeerJ*, 2021. 9: p. e12520.
20. Li Z., Li S., Xiao Y., Zhong T., Yu X., and Wang L.*, Nutritional intervention for diabetes mellitus with Alzheimer's disease. *Frontiers in Nutrition*, 2022. 9.
21. Lu Y., Li Z., Fan Y., Wang J., Zhong T., Wang L., Xiao Y., Zhang D., Chen Q., and Yu X.*,

The Mediating Role of Cumulative Fatigue on the Association between Occupational Stress and Depressive Symptoms: A Cross-Sectional Study among 1327 Chinese Primary Healthcare Professionals. *International Journal of Environmental Research and Public Health*, 2022. 19(23): p. 15477.

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23. Lin Y., Huang R., Sun X., Yu X., Xiao Y., Wang L., Hu W., and **Zhong T.***, The p-Anisaldehyde/β-cyclodextrin inclusion complexes as fumigation agent for control of postharvest decay and quality of strawberry. *Food Control*, 2021: p. 108346.
24. Sun X., Cameron R.G., Plotto A., **Zhong T.**, Ference C.M., and Bai J.*, The Effect of Controlled-Release Carvacrol on Safety and Quality of Blueberries Stored in Perforated Packaging. *Foods*, 2021. 10(7): p. 1487.
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